

PRESCHOOL NEWSLETTER

APRIL NEWSLETTER 2024

Message from the Director Mrs. Shabana Syed

Assalam alaikum Dear Parents,

March was busy and a blessed month celebrating Reading Dr. Suess books and enjoying our Ramadan activities. Thanks to all the parents who volunteered their time to make the month of March a FUN and enjoyable for the kids.

Ramadan is a month of fasting, worship, community gathering, and spiritual development. Fasting in Ramadan is one of the Five Pillars of Islam.

The act of giving back is highly emphasized, especially during Ramadan. The holy month emphasizes the importance of zakat and sadaqah. In Ramadan, daily contributions of sadaqa money was collected by children to help the needy.

Hygiene kits were donated to the homeless people in and around the community.

We partnered with ICSGV/ICNA pantry and collected canned food items. The children had a chance to stack up the items to be distributed to the needy. These activities and more will help children grow by giving things to those who are in need and less fortunate than them.

Important Dates to Remember

- 1 • No School (Spring Break) April 1-5
- 2 • No School (Eid Break) April 8-12
- 3 • Eid Craft (Rasha) April 18
- 4 • Eid Party (Carbon Canyon Park) April 20
- 5 • Field Trip (Local Mechanic Place) April 23
- 6 • Picture Day April 24
- 7 • Juicing Fresh fruits and veggies (Alia) April 25
- 8 • Sun Protection (Dr. Sabrina) April 30

Nurture Free Play

Independent and unstructured play is very important for fostering creativity, problem-solving and autonomy. However, most preschool children will still need (and want!) some engagement from parents during unstructured play time.

Offer your preschooler a variety of art materials (crayons, markers, chalk, finger paints), building materials (blocks, MagnaTiles, Legos) or imaginary play props and let them construct their own craft or play. You can also include materials that are not toys at all. Repurposed materials and recyclables, such as paper towel rolls, coffee canisters and cereal boxes can be used in endless ways. A paper towel roll can be a telescope, a tube, a car, a plane, a magic wand. A cereal box can be a barn for animals, a building block or a stepping stone.

Observe your child and notice what they're drawn to. One child may be interested in stacking and construction, while another wants to play pretend. Use these observations to guide and extend their play. If they seem stuck or confused, you can model a solution or comment on their actions, and then encourage them to try again on their own.

As you watch, try not to intervene. You might comment on what they are doing and praise their efforts, but do not do the work for them. For example, if they are stacking canisters, you might comment, "Wow. I see you are stacking cans. You are making a tall tower." As your child plays more, you can play less. You can make suggestions or model how to use materials in different ways, or even introduce some new materials. This will help to extend play and, over time, your child will be able to play on their own for longer.

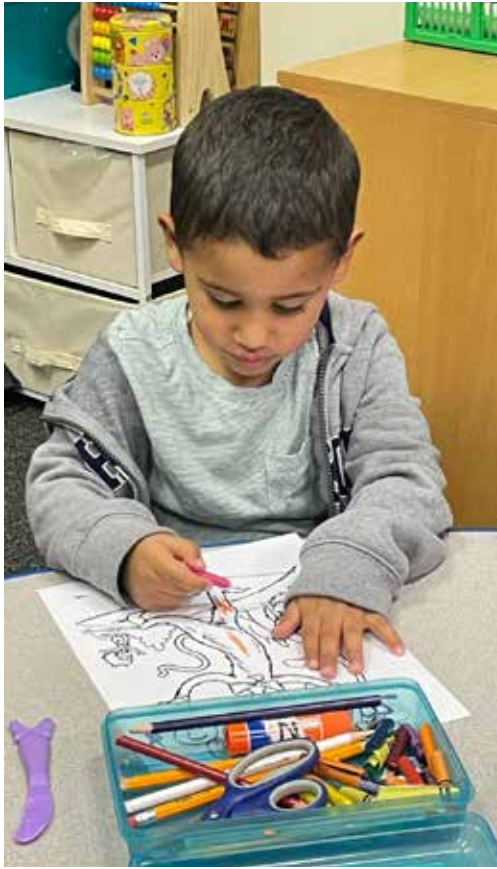


Wear Striped or Crazy Hat Day

“Cat in the Hat” By: Sahar



Dr. Seuss Hat Activity



Green Eggs & Ham (Wear Green)



The Foot Book (Wear PJ to School)



Hop & Pop (Dress Up as Twins)



Fox in the Socks (Mismatched or Crazy Socks)



First Day of Ramadan

(It's Ramadan,
Curious George)



Decorating Sadaqa Jar



Chocolate Covered Dates



Book Reading (My First Salah Tracker)



Preschool put together Iftar Boxes to take Home



Ramadan Activity Flower Bouquets for Moms



Decorating Cookies



Canned Food Drive





Ramadan Art Activity



Decorating Cookies and Pancakes



Decorating Cookies and Pancakes

Learning At Home Activities: Make a Reading Nook!

Encourage your child to read by creating fun space for them! Designate a corner of your house as a "reading nook." Add pillows, blankets, and some lights. Encourage them to decorate it with "do not disturb" signs and fill it with their favorite books!



Estimated Time: 30 minutes

Materials:

Pillows, blankets, lights, and books

Subject: Reading

How to Make Egg Salad

by Sabrina Goldson (Florida)

- ◆ Chop up 2 boiled eggs and mash them into a bowl.
- ◆ Cut up a quarter piece of a white onion, a quarter piece of celery, and a quarter piece of tomato and add it into the bowl.
- ◆ Add two spoons of mayonnaise.
- ◆ Add one spoon of relish (any kind, make sure to get some juice that's in the relish).
- ◆ Add some salt and some pepper

ENJOY!!!!

