



Little Angels
PRESCHOOL

PRESCHOOL NEWSLETTER

JANUARY NEWSLETTER 2024

Message from the Director Mrs. Shabana Syed

**Welcome back
and Happy New Year 2024!**



I hope you had a wonderful and relaxing break with your families!

It is time to settle back into our routines, and continue on our learning journeys. We have lots of fun things happening in January!

December was filled with learning and joy as we extended our theme of Community Helpers. We explored how different people in our community help and serve others through the work that they do each day. We were excited to have many parents and community members coming in throughout the month to speak to our children.

As always the visit from our local police officers is an excitement to the kids. Deputy Denver and Claudia were kind enough to allow the children to explore the police car up close and tried out the different sirens used by them. The children were educated on stranger danger and they learned the importance of police officers, their role and responsibilities towards the community.

We had a very special visit from Dr. Amr and Sr. Salma (parents of Zakariya) educated the children about the brain, talked about where our emotions come from, and we all participated in physical activities and discussed nutritional foods to keep our brains sharp and healthy.

Alia and Br. Ryan, owners of Taka Taka Tacos (Kenzi's parents) were kind enough to host a Taco Night for our preschool families. We all gathered and had delicious Tacos and enjoyed each other's company. The kids played games and had lots of fun.

Once again we invited Sarah Elattar (Registered Nurse). The children learned the responsibilities of a nurse and how close she works with the doctor and she helps administer the shot, bandage the wound, and help with medication.

To wrap up the year 2023 we had you more great things planned for our kids. Zainab Khan (Alyka's mom) DIY Pizza with the kids. The children stretched the dough, spread the sauce, and chose their favorite toppings and baked their own pizzas and enjoyed it. The pizza was delicious. Finally, one of our parents was kind enough to do the "Bubble Show". Wow! What a treat for the children! Alhamduillah

Thanks to all the guests for coming out to teach my children the skills that they will cherish for life. In January we will dive into one of the favorite themes of the children-the Zoo Animals.

We will take a field trip to the Los Angeles Zoo to extend our theme. We will create a book about zoo animals. Children will learn a wide variety of Zoo animals and the habitats they live in. This will also be a great opportunity to talk about the importance of taking care of pets, people and animals alike.

Books related to the theme:

When learning all about the Zoo animals we include plenty of fiction books as well as non-fiction. There are so many fun fiction books to read. Good Night Gorilla is a fun book that will be sure to bring out the giggles from the children.

- Z is for Zookeeper by Marie Smith
- Good Night Gorilla by Peggy Rathman
- If Anything Ever Goes Wrong at the Zoo by Mary Jean Hendrick
- My Visit to the Zoo By Alik
- I Want to be a Zookeeper by Dan Leibmen
- Put Me in the Zoo by Roberty Lopshire
- Curious George Goes to the Zoo by H. A. Rey
- Dear Zoo by Rod Campbell
- A Trip to the Zoo By Karen Wallace

Important Dates to Remember

- 1 • January 1-6 Winter Break -NO School
- 2 • January 11 Alia Ahmed-Speech Therapist Visit
- 3 • January 15 MLK JR Day NO School
- 4 • January 16 Visit from Fire Fighters
- 5 • January 23 Field Trip - LA Zoo
- 6 • January 30 Decorating Cookies
- 7 • January 31 PD/Upkeep Day NO School

Tips to Help Interest Your Child in Reading

The early years are critical to developing a lifelong love of reading. You can't start reading to a child too soon!

Read together every day.

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close together. Bedtime is an especially great time for reading together.

Give everything a name.

You can build comprehension skills early, even with the littlest child. Play games that involve naming or pointing to objects. Say things like, "Where's your nose?" and then, "Where's Mommy's nose?" Or touch your child's nose and say, "What's this?"

Say how much you enjoy reading together.

Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about "story time" as the favorite part of your day.

Read with fun in your voice.

Read to your child with humor and expression. Use different voices for different characters.

Know when to stop.

If your child loses interest or has trouble paying attention, just put the book away for a while. Don't continue reading if your child is not enjoying it.

Be interactive.

Engage your child so he or she will actively listen to a story. Discuss what's happening, point out things on the page, and answer your child's questions. Ask questions of your own and listen to your child's responses.

Read it again and again and again.

Your child will probably want to hear a favorite story over and over. Go ahead and read the same book for the 100th time! Research suggests that repeated readings help children develop language skills.

December 2023 Highlights

Community Helpers Deputy Denver and Claudia



Presentation By Dr. Amr and Sr. Salma



DIY Pizza-Zainab



Presentation from Sarah El Attar

(Registered Nurse)



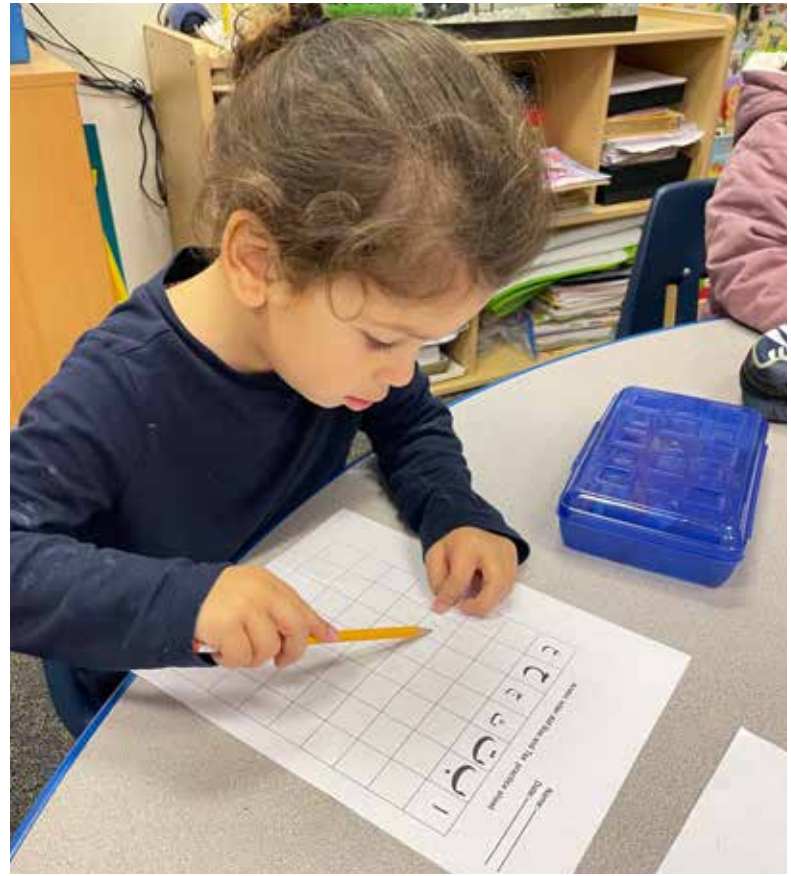
Science Investigation

Grasshopper



Fine Motor Skills

Arabic Letters



Practicing Numbers



Making Maracas



Painting



Taco Night



Bubble Show



Learning At Home Activities: Bathtub Animals

Have your child fill the bathtub with their favorite stuffed animals and toys. Supervise them as they let their imagination run free! Are they on a boat in the middle of the ocean? In a spaceship heading to Mars? Encourage them to think outside the box!



Estimated Time: 30 minutes

Materials:

Your child's favorite stuffed animals and toys

Subject: Imagination

Black Eyed Pea Stew

- 1 lb. ground beef, chicken or turkey
- 1 bag (16 oz) dried black-eyed peas or
- 2 Cups cooked or canned (if canned wash and drain)
- 6 cups water
- 2-3 beef bouillon cubes
- pinch of pepper
- 5 carrots, chopped

If using dried beans, place in a bowl and pour water to cover. Let sit overnight.

Grate one onion in a frying pan and brown beef with onion. Drain and place in a crock pot. Add in chopped carrots, black eyed peas, water, bouillon cubes and pepper. Stir and cook on low for 8 hours.

