

PRESCHOOL NEWSLETTER

November 2020
Welcome to
Little Angels Preschool

Message from the Director Sr. Shabana Syed

Welcome to our brand-new Little Angels Preschool facility! I am thrilled to have your little ones with us -- I am looking forward to a year filled with exploration, discovery, and growth. Little Angels Preschool is up and running for the past month and I am very grateful to the families who have trusted and registered their children. I believe that the health and safety of our students, families, and teachers during this global pandemic is of the utmost importance. Our preschool is adhering to the safety protocols set by CDC and the Community Care Licensing Department which includes daily fever monitoring, sanitizers/hand washing, masks to be worn by parents, students & staff.

We know how important quality care is to you, and wanted to share with you the many ways in which we are making an impact to avoid the spread of COVID19 and provide the safest environment we can for your children.

We realize that social distancing is a difficult task for children as they look to one another for comfort and friendship, however we have implemented social distancing standards during meal times, nap time, outdoor playtime and within classroom "centers" to ensure we are doing the best we can to keep safe distancing.

Each day the children will be introduced to individual areas and toys in their classroom, such as blocks, writing table, games, art, puzzles, reading corner, music, science center and housekeeping area. They will become comfortable with their classroom and feel "at home".

We have been very busy these past few weeks learning the ins and outs of our new classroom. We practiced being kind and courteous to friends. We learned how to use our materials with care and respect, and even how to give a compliment. We are now ready to dive into our awe-some curriculum.

Our theme for the month of October is "Me and My Family" We have a lot of fun and engaging activities planned for the month of October and look forward to learning and laughing with your children!

I am very excited to be partnering with you on your child's journey towards their cognitive, social, emotional, spiritual, and language developments.

I am looking forward to a great year working with your children. Please feel free to contact me by note, e-mail, or by phone. I am usually available Monday - Friday from 8:00 a.m.-3:30 p.m.

HERE'S TO A WONDERFUL BEGINNING!

Parent Drop-Off and Pick Up

To minimize the exposure of the virus, No parent will be permitted to enter the building unless you have an appointment. I will meet parents and the student at the car to escort the child to the classroom. Parents should have the child out of the car and holding their hand on the sidewalk.

At dismissal, parents will remain in the car and wait in the car. Please do not walk up to the building to pick up your child. Currently, I am signing in/out for your child to reduce guest entry throughout the facility

Morning Health Check

I will do a quick morning health check on your child at arrival. This year the morning health check will include checking your child's temperature and asking parents a few short health questions. This will take place on the sidewalk outside of the school during arrival. Children who have a fever of 100.40 (38.00C) or above or other signs of illness will not be allowed to attend or to remain at school. We encourage parents to be on the alert for signs of illness in their children and to keep them home when they are sick.

A non-contact (temporal) thermometer is used to check the temperature upon arrival.

REMINDERS

SCHOOL CLOSED

11/20

UPKEEP DAY

—CLOSED—

11/23-11/27

Thanks Giving Break

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Six Benefits of Fine Motor Skills

Fine Motor Skills are developing and strengthening from the beginning of life. It is the requirement of using the small muscles in fingers, hands, and forearms. It is an essential part of growth and development in a child. As parents, we smile and laugh at the first forms of our kid drawing "mommy" or "daddy." The progression tends to look like this:



**AS WE CAN SEE,
DEVELOPING FINE MOTOR SKILLS
ARE IMPORTANT,
BUT WHAT IS
THE BENEFIT TO STRENGTHEN
THESE TINY MUSCLES?**

Here are 6 important things a child learns when developing fine motor skills:

- 1) It helps children perform crucial tasks like reaching, grasping, and moving objects.
- 2) Through fine motor skill development, children learn to use tools like crayons, chalk, pencils, and scissors.
- 3) Hand-eye coordination improves as fine motor skills improve.
- 4) Fine motor skills help kids learn and develop handwriting and drawing skills.
- 5) Children become more independent and understand how their bodies work.
- 6) As children grow in their fine-motor skills, their self-esteem grows too.

Here are 3 activities you can do with your child to help them develop their fine-motor skills:

- 1) Play-Doh!
- 2) Finger Painting!
- 3) Coloring with small crayons, chalk and pencils. Just grab some paper, break up crayons/chalk in half and let them have at it. Making kids use smaller utensils helps them to develop a proper pencil grip. So, skip the fat crayons!



November Lesson Plan

"Me and My Family"

It Promote self-awareness, gives each child the opportunity to share information about their family as well as themselves

Math: Our math centers are full of hands on experiences. The children will work on patterning, number recognition, and geometric shapes.

Language/Literacy: We will continue to work on alphabet recognition, the letter sounds Dd, Ee, Ff, and Gg and the sight words cat, hat, sat, mat. They will practice handwriting skills each day.

Science & Social Studies: Exploration is an important part of our classroom as well as becoming familiarized with daily routines. It helps develop language and self-esteem, and helps preschoolers recognize that everyone is different but special in their own way.

Creative Arts: We will work on creating self-portraits using a guided art lesson technique, as well explore different textures and mediums for creating art. It encourages self-awareness, self-identity, self-esteem, and family relationships. Children will use fine motor and representation skills.

Music & Movement: Our little ones are very enthusiastic participants during music and movement lessons! They are working to perfect the songs "Head, Shoulders, Knees and Toes", as well as our snack time and clean up songs.



FAMILY RECIPES AND SNACKS

Food Group Snacks

During family week take the time to discuss what we should eat to stay healthy. Talk about the different food groups and a food group for each day.

Encourage your children to have healthy eating habits.

Milk Products- milk, yogurt, ice cream, cheese

Fruit – fruit salad, fruit kabobs or sliced fruits.

Vegetables – an assortment of fresh vegetables, vegetable soup or a garden green salad.

Grain Products – muffins, crackers, toast or cookies for a real treat

Meat & Alternatives – chicken, peanut butter, eggs and tofu for something new.

Family Trees

Place broccoli stalks on each plate with a cherry tomato for each family member. Serve ranch dressing on the side.

FAMILY SONGS

Song-“I Love Mommy” (or Daddy, Brother, Sister, Etc.)

(tune: Frere Jacques)

I love Mommy, I love Mommy.

Yes I do; yes I do.

And my mommy loves me,

Yes, my mommy loves me,

Loves me too; loves me too.

My Family

Here is Daddy. (thumb)

Here is Mommy. (index)

Here I am for three. (pinky)

Together we're a family,

As happy as can be! (clap!)

With My Family

Sung to 'The Muffin Man'

Tell me what you like to do

Like to do, like to do.

Tell me what you like to do

With your family.

Edward likes to rake the leaves

Rake the leaves, rake the leaves.

Let the children talk about what

they like to do.