

PRESCHOOL NEWSLETTER

DECEMBER NEWSLETTER

Message from the Director Sr. Shabana Syed

It is hard to believe that November is over, and December is already here! Our classroom has had so much fun this past month learning about "Family and Me"! They got to experience what each of us call our moms, dads, grand parents and uncles and aunts. For example, they call mom and dad as ummi, papi, papa, mama, ammi, abba, and mommy and for grandparents they call jeddo, tetta, dada, dadi, nana, and nani. The children did amazing project with dressing up their dolls and bringing in family pictures to share. I will invite the parents in January to come see what they have learned and share their families with you all. Thank you, parents, for helping your children with this project.

As we move into the month of December, we will continue to explore a little bit more about relationships with family members and their pets. We will continue to learn our letters, numbers, colors, and shapes both in Arabic and in English. In art, children enjoyed working on their collage art with fall leaves. They practice their social skills by playing in the home center, and block center where they get to explore to be a sous chef, waiter, or an engineer. We will focus on scissors skills and sequencing this month and stress the values of sharing and generosity. In our classroom you will see the children doing different learning activities to supplement these topics!

I am inviting a dear friend and very well-known author, Heba Subeh-Hyder who has written two amazing books for children. "How Much Does Allah Love Me" and "What Did Allah Create for Me". She will do a virtual book reading on Tuesday December 8th. More information will be sent home to order her books. The children are excited to see and hear the story from a real author.

**Have a wonderful Winter Break and stay healthy and safe!
Looking forward to a great year 2021!**

With the colder weather quickly approaching, your child should be sure to bring a jacket or sweater to school. Please mark the inside tag with your child's name or initials. Can your child put on his/her own jacket? We are teaching the children to place their jackets on the floor, lining side up, with the collar closest to the child, and then slip their arms into the sleeves, raise their hands up, and presto, the jacket magically slides down the arms and over bent shoulders into place. Your help with training in the "set up," or jacket position, is the key to success. Before too long, your child will be able to "set it up" by themselves. The smile of independence and pride on the child's face is enough to melt your heart. Also please check the change of clothes which are in their cubbies to replace them with warm clothes.

**Mark your Calendar
Winter Break
December 21 – 31
New Year
January 1, 2021
NO SCHOOL**



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Information

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***WHEN CHILDREN PLAY
THEY LEARN
ACADEMIC.
SOCIAL AND
EMOTIONAL SKILLS
AT THE SAME TIME!***



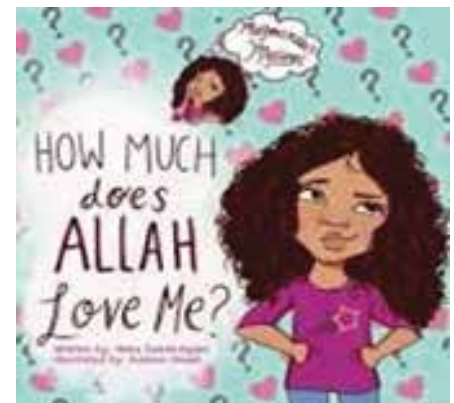
LITTLE ANGELS PRESCHOOL IS HOSTING A VIRTUAL AUTHOR VISIT

When: Tuesday December 8th, 2020

Where: Zoom



HEBA SUBEH-HYDER



For more information about this event:

Please contact Shabana Syed
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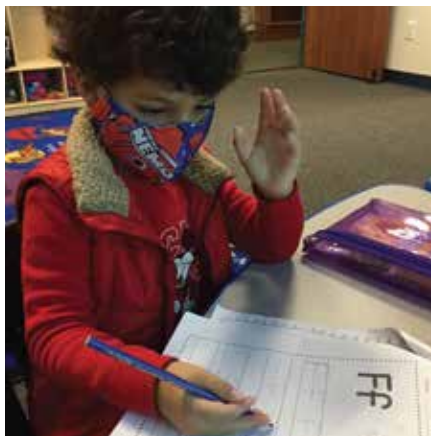
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Tips for Family Fitness

Children need exercise just like adults, and the best way for kids to exercise is to get them out from behind the computer screen and play. Encouraging active behavior early on in childhood, as well as other healthy habits, is the best way to ensure they will become active, healthy adults. Teach your children that exercising is fun by having playtime at least three times every week for half an hour at a time. Play games such as hide and seek, catch, hopscotch, kickball, soccer, etc. Try to schedule these activities in the afternoons or evenings, and always make time to do something on a weekend, even if it is just taking them for a play in the park. Wherever you are going – to school, the library, or the local supermarket – you should walk or use a bicycle whenever possible (Right now is not a good time). You might even want to keep track of the number of steps you and your children take with the use of a pedometer. It is also a good idea to encourage your children to take part in sporting activities.



**FOR YOUNG CHILDREN
SELF-REGULATION
IS DEVELOPED
THROUGH PLAY.
PLAYING HAS PURPOSE
AND WE NEED TO
CONSTANTLY
REMEMBER
THAT IS A FACT
AND NOT A MYTH.**