

Message from the Director Mrs. Shabana Syed



Preschool parent teacher conferences may seem unnecessary—after all, it is not as if your child is being graded on playing or snack time. Conferences are an important part of your child's preschool experience.

Think of a preschool parent-teacher conference as your eyes and ears into a world that you are not otherwise a part of.

A Parent-Teacher Conference is a Great Opportunity To:

- Discuss your child's progress
- Share your child's strengths and needs
- Work with the teacher to help your child do well in school

SPRING BREAK
March 22nd 26th, 2021

Some of a child's most important cognitive development happens during their preschool years. By taking an active role in the early childhood education process, parents can help ensure that their child has all the support they need to develop to their full potential.

Parent involvement helps extend teaching outside the classroom, creates a more positive experience for children and helps children perform better when they are in school.

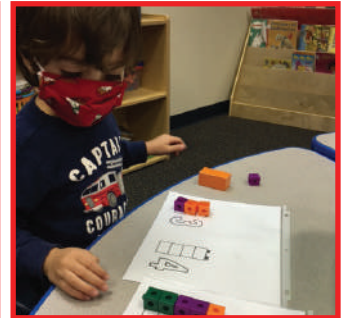
It is essential for parents to support the learning that happens in preschool settings and at home as well. Parents who are in tune with what is happening in their child's preschool classroom are better able to establish a connection between what is learned at school and what takes place in the home. This connection is a key component of a child's development and supporting further learning.

Not only does family or parental involvement help extend teaching outside the classroom; it creates a more positive experience for children and helps children perform better when they are in school.

You may Want to ask These Questions to your Child's Teacher:

- How does my child interact with you and with other staff members?
- What are my child's strengths and weaknesses?
- Do you notice any issues with my child's development for her age?
- How does my child interact with the other children?
- Can my child follow the rules and instructions?

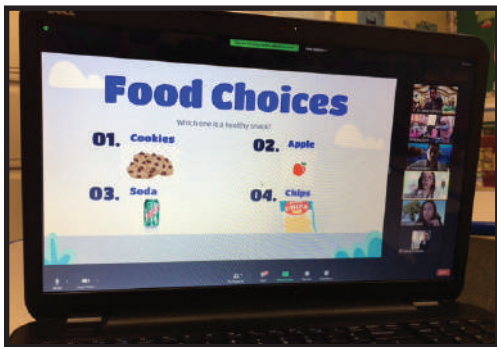
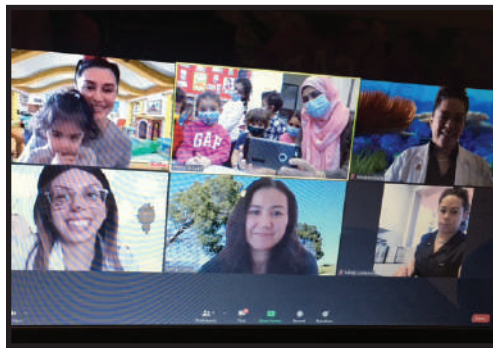
PEEK AT LAST MONTHS ACTIVITIES!



A HEALTHY CHILD IS A HAPPY CHILD

Last month during **Dental Health week**, **Dr. Sahar Mirfarsi** and her teams virtual visit was fun and exciting. We really appreciate the presentation, it was simple yet informed the kids about the importance of brushing, eating healthy, and visiting a dentist.

Dr. Fida Salamah, Occupational Therapist talked to the kids about healthy eating and exercising. Young children also need plenty of exercise to keep their bodies and minds healthy and happy. Daily physical activity is necessary for building strong bones and muscles as well as strengthening hearts and lungs. Exercise also helps young children to improve their gross motor skills, including running, kicking, throwing, and swinging. Loved her interactive approach in teaching the kids about healthy eating and exercising.



MARCH LESSON PLAN

THEME OF THE MONTH

TRANSPORTATION AND DR. SEUSS WEEK

This month's theme is Transportation: Boats, Planes, Trains, and Automobiles. Always a favorite theme, especially with the boys!

Transportation is an important part of everyday life, and as such is a topic many preschool aged children are interested in.

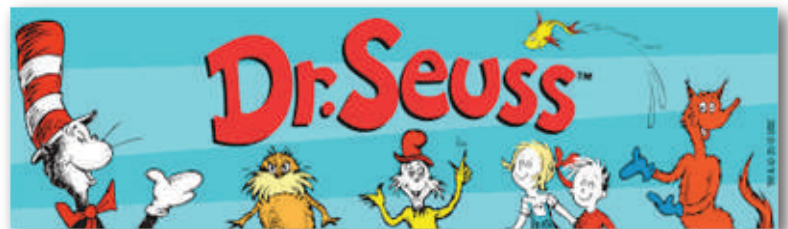
A **transportation** theme not only **teaches children** about what different vehicles are for and how they work, but you can also use it to **teach** other **important** concepts such as safety when riding in a vehicle or walking.

One of the most important things we can teach our kids is to **love books and to love reading** books. That is exactly what the National Read Across America initiative is all about. Who better to celebrate it with than **Dr. Seuss!**

Founded in 1997 by the National Education Association, Read Across America encourages children in all communities to celebrate the author's birthday March 2.

Rhyme, Rhythm, and repetition for our preschoolers is very necessary. Reading is so important to prepare them for kindergarten.

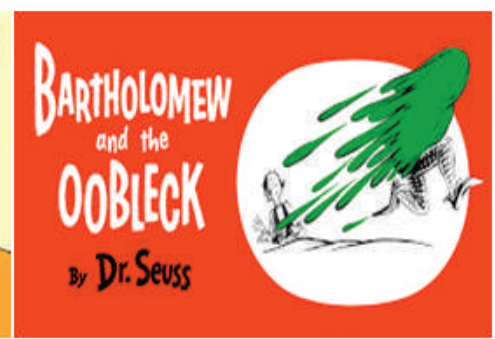
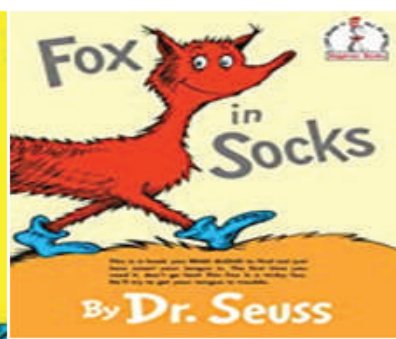
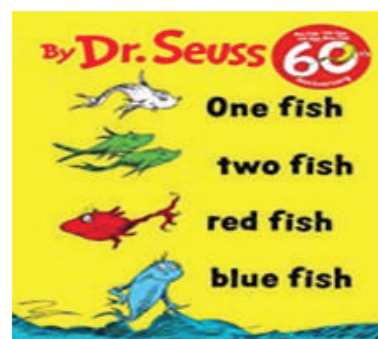
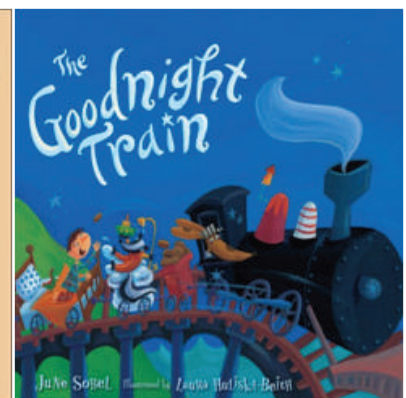
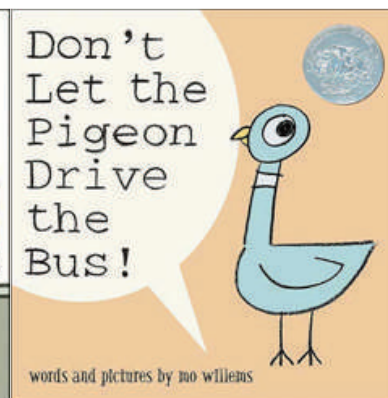
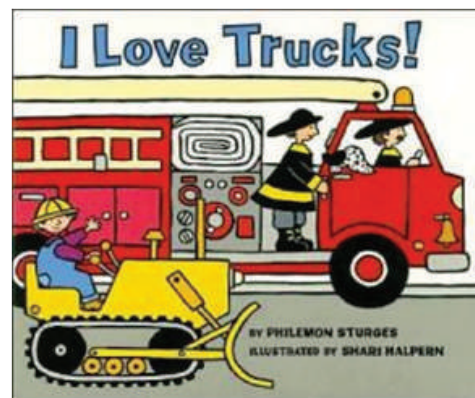
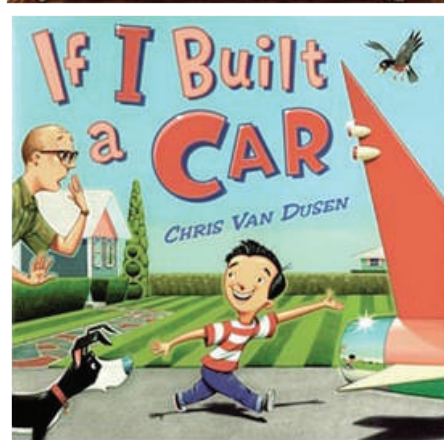
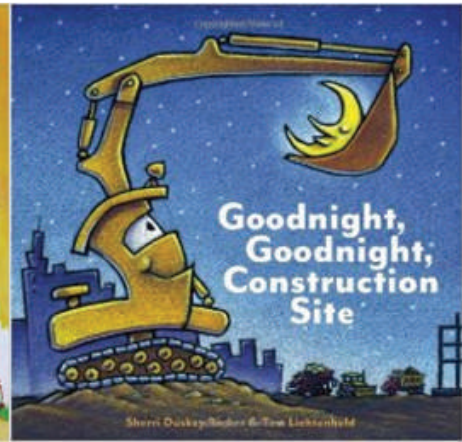
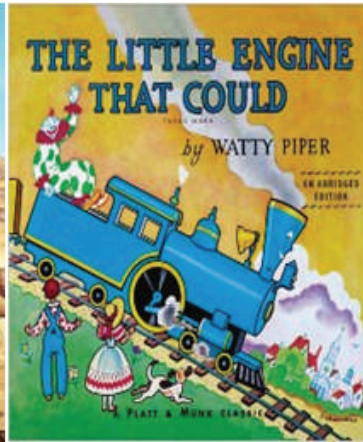
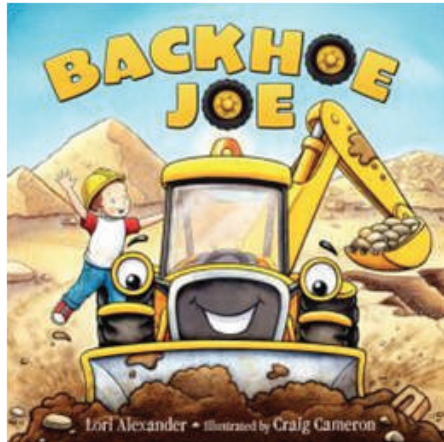
"You're never too old, too wacky, too wild, to pick up a book and read with a child." -Dr. Seuss



MARCH THEME

TRANSPORTATION AND DR SEUSS

BOOKS TO ENJOY!



LEARNING AT HOME

Learning At Home Activities: Build a Boat!

Encourage your child to build a small boat that floats in your sink! Use aluminum foil, cardboard, tape, rubber bands, paper, and plastic bags to create a boat that won't sink. Encourage your child to make a hypothesis and test it out.

If their boat sinks, have them try redesigning their boat with new materials until it floats! See how many coins or small objects you can fit in the boat before it sinks!



Estimated Time: 30 minutes

Materials:

Aluminum foil, cardboard, tape, rubber bands, paper, plastic bags, water, bowl, and optional coins

Subject: Science

Cinnamon Toast

- Sliced bread
- Butter
- Cinnamon
- Sugar

Toast bread in toaster.
Butter toast and sprinkle
with sugar and cinnamon.

