

PRESCHOOL NEWSLETTER

FEBRUARY NEWSLETTER 2021

Message from the Director Mrs. Shabana Syed

Dear Parents,

Happy February! We cannot believe the school year is just moving along so quickly. Every morning I look forward to seeing your children's faces. As you all know, many changes have been made to operate the facility in a safe way.

Due to the rise in COVID-19 cases in California, remember, now more than ever, that children who are sick must never attend school. If your child has a temperature of 100.00 or higher, chills, cough, muscle or body aches, shortness of breath, headache, loss of taste/smell, sore throat, congestion/runny nose, nausea/vomiting, and/or diarrhea, they need to stay home.

As you know, wearing a mask (face covering) is one easy thing we can do to significantly reduce the spread of germs. With the current mandate in place, everyone over the age of 2 are required to wear masks while in school building. Adults are required to wear a mask while picking and dropping off their child and, in the school building. Please stay safe by wearing your mask, practicing social distancing, washing hands, and not touching eyes, nose, and mouth. Little Angels Preschool is following strict guidance provided by LA County Licensing, CDC and local Public Health Department to keep our preschool opened. I have been attending all their Town Hall meetings to get daily updates from all sources so we can provide a safe and a healthy environment for our children. I would like to thank all the parents for helping me to make sure our preschool is kept open by following the guidelines. Cleaning, sanitizing, and disinfection of the facility is our number one priority, and it is done daily. Great news! We were able to purchase another handheld **Electrostatic Disinfectant sprayer**. By using this we have the **peace of mind** knowing that we are using the latest electrostatic spraying technology to achieve a safe and healthy environment for our children and staff.

I would also like to take this opportunity to thank all our parents and children for being responsible in helping make our preschool a success.

NO SCHOOL :
FEBRUARY 15, 2021 PRESIDENTS' DAY

“MOTIVATION TO BE INVOLVED IN ONE’S DAILY ACTIVITIES DEPENDS LARGELY ON THE SENSES”

(KRISTEN MEYER)

Children learn in a variety of different ways. Some may be auditory learners, while others may be visual learners. Each child is different, so it is important to teach in an array of ways to engage each sense.

Multisensory environment not only accommodates each individual student, but it is also known to improve the development of thought, intelligence, and social skills. It gives them more than one way to make connections and learn concepts.

Especially in younger children who have not developed all their senses fully. Multisensory environments can improve concentration, alertness, memory, mobilization, creativity, and communication. Each of these aspects promotes learning and retention to help children grow and succeed in the future.

www.cdph.ca.gov/multi-sensory-environments-the-benefits

The **FIVE SENSES** help children explore the world and make sense of what is around them. We use them every day to get to know and understand the world around us. What are they? Your senses!

The five senses — seeing, hearing, smelling, tasting, and touching — help us to learn about our surroundings. At our preschool, activities were planned to help children use their senses in lots of different ways.

- **Hearing:** Children use their ears to take in information about things around them.
- **Sight:** When children play games that involve sight, they are practicing early literacy skills!
- **Smell:** Over time, children will recognize certain smells as comforting, yummy, scary, exciting, etc.
- **Taste:** Children develop taste preferences based on what they are fed when they are in the early years of their lives.
- **Touch:** Children learn about their bodies and how to communicate with others through touch. Most of the feeling that we do happens through our feet and our hands.

A GLIMPE OF THE FIVE SENSES ACTIVITIES



OUR CLASSROOM FAMILY TREE

SHOUT OUT TO **ALINA SAAELDIN** FOR VOLUNTEERING HER TIME BY CREATING THE AMAZING FAMILY TREE!



THEME OF THE MONTH "TAKING CARE OF ME"

February is going to be a month where all the children are absolutely going to LOVE! It is going to be busy but filled with fun activities. Theme of the month **"Taking Care of Me"** and we kick off with, "Healthy Heart" and we will learn how to be healthy and it's an important month to kids' dental care.

We will continue to talk about **"Good Foods to Eat"**. Children will be doing fun activities to learn about eating healthy and exercising! And we will wrap up the month with "Smile! Dental Week!" This is going to be a special month where children learn all about taking care of themselves and being healthy.

February is **National Children's Dental Health Month!** It raises awareness of how important it is for children to develop good oral habits at an early age to ensure a lifetime of healthy smiles.

A SPECIAL VIRTUAL VISIT FROM
DR SAHAR MIRFARSI DDS
FROM

WESTERN UNIVERSITY OF HEALTH SCIENCES

WILL EDUCATE OUR CHILDREN ABOUT THE IMPORTANCE
OF BRUSHING AND FLOSSING

ON FEBRUARY 25TH, 2021 @ 10:00 AM

Learning At Home Activities: Box Fort

Use old boxes around your house to build a fort! Push and tape boxes together to create tunnels to get from one room of the fort to another. Add blankets, lights, pillows, and books for more fun!



Estimated Time: 30 minutes

Materials:

Cardboard boxes

Optional blankets, lights, pillows, and books

Subject: Imagination

YOGURT PARFAIT

In tall glass (so you can see the layered effect) layer the following ingredients in order.

- **Flavored yogurt of choice**
- **Granola or dry cereal**
- **Sliced or cut up fruit of choice**

Layer on top of each other until glass is full.

